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"My gratitude for the quality of care your caregiver provided my wife in the final days of her life. His experience with people who have fragile bones gave my wife reassurance she was in capable hands." — Jerry, Corte Madera

"Many, thanks for sending such a gem of a caregiver. My husband lit up when he arrived. His ability to care was wonderful. He was thorough, gentle, deft at maneuvering him to get outside for fresh air." - Erdie, Mill Valley

'When I needed care the most, At Home Caregivers was right there to help me recover from a broken ankle. I would rather be at home than anywhere else to rehab and you made it possible." — Joann, San Rafael

"For the last week, I have been researching companion care for my mom. The one that had everything was At Home Caregivers right here in Novato AND locally owned!" - Claire, Novato



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SCIENTIFIC WELLNESS FOR **COGNITIVE AND OVERALL HEALTH**

Join Dr. Nathan Price as he shares the latest science and personalized wellness tools that are reshaping what it means to age well.

Thursday, October 2, 2025 | 2:00 PM

Wellness, connection, and community at The Tamalpais Marin.

Register at TheTam.org/RSVP or call (415) 233-6623



The Tamalpais Marin is owned and operated by Sequoia Living, a nonprofit organization serving the Bay Area.

The Tamalpais Marin



Drake Terrace: DRAKE TERRACE A Montessori-Inspired **Approach to Purposeful Living**

At Drake Terrace, we go beyond providing care, we cultivate purpose. As a premier senior living community offering Independent Living, Assisted Living, and Memory Care, we are proud to incorporateMontessori-based principles throughout our campus to enrich thelives of all residents.

Our Heirloom Memory Care program is grounded in the Montessori philosophy, where residents living with dementia engage in meaningful roles, structured daily routines, and personalized sensory experiences that foster dignity, joy, and cognitive stability. But Montessori doesn't stop at Memory Care, it influences how we approach engagement, independence, and community across all levels of living.

In Assisted and Independent Living, residents are empowered tomake choices, lead community initiatives, and participate in purposeful activities, from gardening to intergenerational volunteer work. Staff gently support rather than do for, honoring the individual's abilities and preferences. The result? A calmer, more connected environment where residents feel valued and in control of their lives.

By embracing the Montessori approach across the board, we create acommunity where every resident, regardless of age or ability, can thrive with intention, connection, and respect.

Visit us in booths 137 & 138.



Senior Living That's Simply Better Living

At Drake Terrace, simply better living means more time for what you love and less time on household responsibilities. Enjoy maintenance-free apartments, chef-prepared meals, and a vibrant community with activities and friends. With Independent Living, Assisted Living, and Memory Care, you'll find the right lifestyle to feel at home.



CALL 415.562.0770 OR SCAN QR CODE TO EXPLORE ALL WE OFFER

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Every Step of
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Independent Audiologists Exceptional Hearing Care

Experience revolutionary hearing aids customized for you by world-class audiologists.

Designed to help you embrace life's meaningful moments with joy and confidence, thanks to technology and expertise that pushes the limits of hearing care like never before.

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Dr. Kim Hoppin, Audiologist
Dr. Tracy Peck Holcomb, Audiologist
Dr. Lisa Monardi, Audiologist
Robin Casper, Practice Manager
Joey Reece, Audiology Assistant

MARIN
Hearing Center

Call 415-927-1567 to schedule an appointment for an in-depth audiology exam and hearing aid consultation.

PHOTOS

Have your photo taken by the Marin Photography Club, Booth 101.

Help yourself to printed photographs donated by club members and get free hands-on advice about using your digital or mobile phone camera.

FREE PARKING AND **TRANSPORTATION**

Parking is Free at the Marin **Exhibit Hall.**

Free round-trip transportation is provided by Vivalon between downtown San Rafael and the Fair.

What Does the Marin County Commission on Aging Do?



Answer: Information and Advocacy

Marin County has one of the fastest growing older adult populations in California. In 2024, more than 30% of Marin's population is over 60 years old compared to 20% statewide. It will increase to 40% within the next 10 years. The Marin County Commission on Aging is federally mandated by the Older Americans Act as an advisory council to the Marin County Board of Supervisors and the Area Agency on Aging, part of Marin's Aging and Adult Services. The Marin County Commission on Aging:

- Promotes the dignity, independence and quality of life of older persons through advocacy, information and related programs.
- Educates and informs older adults in areas that may impact their welfare including housing, health care, nutrition, transportation, financial security and related legislation.
- Encourages an understanding of ageism and ableism in the community by focusing on respect and collaboration for all.
- Provides a forum for public feedback and involvement.

- Raises awareness on aging topics and issues through community education.
- Consults with special groups that have responsibilities related to the over-60 population.

Commissioners represent their respective cities, towns and districts and are appointed to three-year terms by either the Board of Supervisors or their City or Town Councils. The public is encouraged to get involved and attend the general and committee meetings and participate in discussions dealing with issues impacting older adults.

Marin County's Aging and Adult Services offers information about and referrals to resources and services for older adults - 415-473-INFO (4636). Social workers answer and return calls Monday through Friday 9 a.m. - 4:30 p.m.

The Marin Senior Fair was started 38 years ago by this organization. Visit www. https://www.marinhhs. org/aging-adult-services to find out more about the MCCOA and its work with Aging and Adult Services.

Visit Marin County Commission on Aging in booths 209 & 210.

Committed to providing exceptional care and instilling peace of mind for your loved ones

Why Marin Home Care?

- ✓ Locally Owned and Operated
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- ✓ Consistent Ongoing Support



Best Senior Home Care 2024, 2025 by Marin Independent Journal



Best Home Healthcare Provider 2024, 2025 by Pacific Sun



Best Eldercare Services 2023, 2024, 2025 by Marin Magazine



Business of The Year 2023 by Tiburon Peninsula Chamber of Commerce Thank you for trusting us with your loved ones - we're here for you, today and always.

Laura Belluomini, Founder





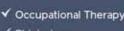
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www.marinhomecare.com

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- ✓ Caregivers
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- ✓ Foot Care Specialist
- ✓ Registered Nurses
- ✓ Physical Therapy
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MarinHealth provides the closest care to the North Bay—and the best.

With top physicians, surgeons, and clinicians across more than 60 clinics, we deliver world-class care right where you live. So you can get closer to living your best, most healthy life.

To learn more, visit MyMarinHealth.org.



World-class care. Closer than you think.

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LITA is Awarded the 2025 Nancy Martin Outstanding Nonprofit Award



Each year, members of the Marin Senior Fair Steering Committee select a non-profit for the Nancy Martin Outstanding Nonprofit Award for "outstanding services to Marin seniors".

LITA (Love is The Answer) has been selected as the recipient of the 2025 award. LITA receives a cash award of \$500 and a free booth at Marin Senior Fair. LITA is honored in an on-stage award ceremony at the fair. **Visit LITA** in booth 159.

About Nancy Martin

Nancy Martin was a long-time



supporter of the Marin Senior Fair and a member of the all-volunteer Senior Fair Steering Committee for many years. Nancy was the Marketing Director of The Tamalpais,

a retirement community in Greenbrae,

for 24 years. Her work touched the lives of many and she was particularly loved by the residents of The Tamalpais. After her sudden death in 2013, members of the Senior Fair Steering Committee wished to commemorate her commitment to the older adult community in Marin by naming the Fair's Nonprofit of the Year Award in her honor.

Previous Recipients of the Nancy Martin Award

- Legal Aid of Marin, 2024
- Community Action Marin, 2023
- Margaret Todd Senior Center, 2019
- Alzheimer's Association North Bay, 2018
- Hospice By the Bay, 2017
- Jewish Family and Children's Services/ Seniors at Home, 2016
- San Rafael Goldenaires, 2015
- Marin Villages, 2014
- LITA, 2013
- Senior Access, 2012

LITA Chosen for Second Time as Marin's Outstanding Non-Profit



Love is the Answer (LITA) is extremely appreciative to the Marin Senior Fair for selecting us as the first two-time winner of the Nancy Martin Outstanding Nonprofit Award. Nancy was a dedicated advocate for Marin County's older adults, and knew strongly that LITA was a great partner in reducing loneliness and isolation in Marin County's isolated older adults... and having fun while doing it!

2025 is LITA's 50th Anniversary, and speaks to the power of one person recognizing an issue and doing something about it. In 1975 our founder, Mae Wygant, recruited her friends to visit older adults who had so much to share but had no one to share it with. Since then we have brought volunteers to Marin's congregate living communities: Independent, Assisted and Memory, as well as private homes. This is a vital connection that we all need, and we are thankful to the Marin Senior Fair Steering Committee, as well as all of our sponsors and partners for helping LITA thrive.

If you'd like to Volunteer, or perhaps know of someone who could use our services, please visit us at our booth (159), check our website (www. litamarin.org), call (415-472-5482) or email our Executive Director, Barbara Brown, bbrown@litamarin.org

Visit LITA in booth 159.

Exceptional People. Extraordinary Care.

We help Seniors maintain independence at home and live their fullest at every age and stage of life.

Family owned and operated since 1994, we've built our 30+ year reputation on highly-experienced, compassionate caregiving and hands-on case management. We earn national honors year-after-year for the trustworthy, skilled care we provide clients, and rewarding workplace we provide our caregivers.

Whether for help with companionship, medication reminders, overall Activities of Daily Living, Dementia Care or Hospice Support, call Hired Hands Homecare today and jump-start your security and peace of mind.



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Full-service, non-medical caregiving available up to 24/7. From meal prep, light housekeeping and personal care to shopping, exercise and more.

Dementia Care

Our Dementia Team brings specialized training and extensive experience with a clientele living with Alzheimer's and other dementia varieties.

Hospice Support

Respite care for family as well as meaningful support for the client. Our dedicated Hospice Team is specially trained for the hospice setting.









- transportation
- Safe, reliable
 Affordable and nourishing meals



Engaging classes and activities



Stay Strong and Steady

Join us for Falls Prevention Week, September 22-26.

Free daytime activities and evening speaker series

vivalon.org/fallsweek25

415-456-9062 | 999 Third Street, San Rafael



Discover the Art of Senior Living at Calligraphy Napa Valley

Step into a world where bespoke experiences meet meaningful connections. Here, like-minded people become neighbors and friends, care is as discreet as it is customized, and a fulfilling and dynamic life well lived is a privilege well earned. Every detail is thoughtfully

Calligraphy

crafted to offer comfort and support in a refined environment, whether you're embracing the

freedom of Independent Living or receiving personalized support with Assisted Living or Memory Care.

It's your time to live your best life

Life at Calligraphy provides endless opportunities to engage, connect and flourish through VivaLife Enrichment™, our dynamic calendar of curated group activities and personalized experiences. Embrace new challenges and pursue what inspires you, with unwavering support every step of the way. Explore art and painting, engage in academic learning or virtual

reality experiences, or get involved in clubs and charity events. Enjoy cultural outings to the theater, restaurants, art galleries and museums – our diverse offerings inspire lifelong growth and creativity.

Culinary Artistry at its Finest

Indulge yourself in an unparalleled scratch dining experience through our Savour CuisineTM program, where exceptional food quality meets impeccable service and creative artistry. Led by a celebrated executive chef, Savour CuisineTM offers diverse experiences across multiple venues. Dine al fresco, grab a quick bite, or enjoy a full-service meal. At Calligraphy, every meal is a chance to explore something new.

Thrive & live joyfully, with available support nearby

As you enjoy our community and all the luxurious amenities here for you at **Calligraphy Napa Valley**, rest easy knowing that care is here for you. Vibrant living, coupled with support, helps you thrive in this beautiful setting where you are in charge of your daily schedule, and the passions you want to pursue.

At Calligraphy, we elevate every moment with careful attention. This unwavering commitment to exceptional experiences is what makes our community truly one of a kind.

Visit Calligraphy Napa Valley, formerly The Watermark at Napa Valley, in booths 401-409 in the Friends of Marin room.

Be a Part of Our Vibrant Senior Community









THE REDWOODS, A Community of Seniors is a non-profit housing community where residents choose from over 100 life enrichment programs weekly. In our Creekside Assisted Living Apartments we offer a variety of support services tailored to your needs. ENJOY scenic views, a dynamic social life, and the highest level of service, care and support. EXPLORE our beautiful 10-acre campus in Mill Valley!

Call today to set up a tour and orientation.





SNF# 010000390 RCFE#210102866 Call today to set up a tour of our campus and orientation. 415-383-2741 | www.theredwoods.org





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Care Type: Assisted Living & Memory Care 91 Napa Rd, Sonoma, CA 95476

License Number: 496804032

CogirSonomaPlaza.com
(707) 309-6181

Cogir at Sonoma

Care Type: Independent Living, Assisted Living 800 Oregon St, Sonoma CA 95476 License Number: 496803812 CogirSonoma.com (707) 735-6900

Cogir of Rohnert Park

Care Type: Independent Living & Assisted Living 4855 Snyder Lane, Rohnert Park, CA 94928 License Number: 496803087

CogirofRohnertPark.com
(707) 229-1270

Welcome to Valley Memorial Park Cemetery Funeral Home and **On-Site Crematory**

We are here to Help! Marin County's most unique locally owned and most affordable, full service, Funeral Home, Cemetery, On-Site Crematory, Chapels and an Event Center. There isn't another in all of Marin or Sonoma County like it. All faiths & creeds welcome. We are located in Novato, California in Marin County. Helping families for 65 years in the North Bay, San Rafael, San Anselmo, Mill Valley, Tiburon, Belvedere, Marinwood, Kentfield, Fairfax, Larkspur, Corte Madera, Sausalito, Marin City and all of Marin, Sonoma and Napa Counties.



- 24 Hour Funeral Home Services
- On-Site Crematory
- Green Burial and Traditional Burial
- On-Site Chapel
- Traditional and Contemporary
- Event Center for Celebrations of Life
- Pre-arrangement Counseling
- Insurance Funding for Future Expenses

650 Bugeia Lane, Novato, CA 415-897-9609 Info@valleymemorialpark.com www.valleymemorialpark.com COA #377 FD #2295 #CR206

Visit us in booths 131 & 132.

Senior-friendly Transportation Services Offered by Marin Transit



Giving up your car keys doesn't mean giving up your independence. Age independently with Marin Transit and Marin Access! We offer a variety of senior-friendly transit programs to help older adults get around Marin County and beyond. These programs include a voucher program for shuttles, a volunteer driver reimbursement program, local and regional paratransit service, local bus service, a fare assistance program (including the new mobility wallet), and travel training!

Visit our website at marintransit.org to learn more! Questions? Email us at travelnavigator@marinaccess.org to find the best program for your needs.

Make sure to stop by the Marin Transit/Marin Access booth 153/154 to speak with a Travel Navigator.

150 EXHIBIT **BOOTHS!**

The Fair features valuable information and resources in a variety of categories, including:

- Medical, Health and Wellness
- Caregiving
- Mental Health and Counseling
- Legal and Financial Services
- Vacation and Travel
- Housing and Transportation
- Education
- Fitness, Hobbies, and Activities
- Music and Entertainment
- ◆ Technology
- Volunteering and Community
- Home Improvement

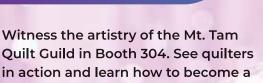
FREE 🔭 TRANSPORTATION

Free round-trip transportation is provided by Vivalon between downtown San Rafael and the Fair. No reservation is needed. Shuttles run approximately every 30 minutes throughout the day.

Shuttles to the fair leave from Vivalon at 930 Tamalpais Avenue, San Rafael (near the Smart Train station, from the North parking lot near 4th Street). The first shuttle to the fair leaves Vivalon at 8:30 am and the last shuttle departs the Fair at 3:15 pm. Shuttles drop off and pick up at the Fair's main entrance.

We thank Vivalon for providing this valuable service to our attendees.

QUILT SHOW



quilter yourself! Browse handmade items for sale.

Ouilts are on display in the Avenue of the Quilts, in the Lobby, and in the Main Exhibit Hall.





HEALTH, WELLNESS, & CAREGIVING

Serving Marin County since 1979, Marin Center for Independent Living (Marin CIL) provides advocacy and services for older adults and persons with disabilities to establish and maintain their independence.

Our services include a private caregiver registry,
Alzheimer's and dementia support, IHSS (In-Home
Support Services) navigation, nursing home / care
facility transition support, and home modification
/ preservation services.

To schedule a consultation for you or a loved one, please call us us at **415-459-6245** or email **intake@marincil.org**.

marincil.org

ACCESS FOR ALL



THE FUTURE OF AGING GRAND OPENING SEPT 202



Áegis Living

Assisted Living | Memory Care

SAN RAFAEL



FREE BOOKS

Hundreds of books to choose from, generously donated by the Tiburon Library and Steering Committee members.

Book Tables are located in the Main Exhibit Hall.

WATERCOLOR **DEMONSTRATIONS**

See Watercolorists in action! The San Rafael Goldenaires will be demonstrating watercolor techniques at Booth 201. Large and small pieces are available for purchase.

Never Stop Groovin' at The Tamalpais Marin

At The Tamalpais Marin, life moves to your own rhythm. Nestled in the heart of Marin, the community offers a perfect blend of natural beauty, cultural experiences, and outdoor adventure.

Enjoy breathtaking views of Mount Tamalpais. peaceful walks in Muir Woods, and scenic hikes to

Never Stop Growing

Cataract Falls, Explore charming bayside towns like Sausalito and Larkspur, or immerse yourself in local arts, music, and theater. San

Francisco is a short drive or a ferry ride away, so a day in the city is always within reach.

With easy access to golf, tennis, and the worldclass wine country, life at The Tamalpais is filled with endless opportunities to Never Stop Growing.

Residents enjoy a vibrant mix of fitness classes, art and music programs, wellness workshops, and dining with fresh, healthy choices. From the heated indoor pool to gardening, bocce, and billiards, there's always a reason to stay active and engaged

with neighbors and friends at 501 Via Casitas in Greenbrae, CA.

Whether you're exploring Marin's charming towns, savoring a sunset on the terrace, or joining friends for a concert. The Tamalpais has been a trusted community for over 35 years. It's where you can keep moving, keep connecting, and keep groovin' at every stage of life. Stop by booths 141/142 & 155/156 to get a taste of The Tamalpais Marin.

Where Community and Purpose Come **Together**

Founded in 1958, Sequoia Living is a Bay Area nonprofit organization that provides older adults from all economic backgrounds with stimulating, joyful living environments and services that enrich their lives. Sequoia Living serves 7,000 adults annually through its four life plan communities located in Marin, Walnut Creek, Portola Valley, and San Francisco, as well as its three affordable housing communities, two senior center locations, and numerous Community Service programs: sequoialiving.org.

Visit Sequoia Living in booths 141/142 & 155/156.

Help make the world a better place for people with Hearing Loss

Please join the Hearing Loss Association of America North Bay Chapter, founded in 2018 serving Marin and Sonoma Counties.



Our mission is to improve the world of communication for people with hearing loss through

information • education • support • advocacy

Upcoming Events:

Vivalon In-Person Support Group, First Friday of every month: 10-3, 11-7, 12-5

https://www.hearinglossnorthbay.org/ Phone 415-710-7281 or Email info@hearinglossnorthbay.org





Sponsored by Kaiser Permanente





Please visit our Wellness Center, located at the back of the lobby, for the following free health services.

Vaccines

 Flu and COVID shots provided by Kaiser and Golden Gate Pharmacy. Quantities are limited.

Mickiy Domer, Nexus Method

 Proprioception Assessment & Fun **Enhancement** Training

Kaiser Foundation Hospital

- · Home Safety, Mobility/Fall Prevention
- · Nutrition, Hydration and Swallowing Safety (Heat exhaustion included)
- Cognitive Health and Delirium Risk (stroke included)

Preventive Health

- Blood Pressure screenings AND demos on home blood pressure measurement
- Glucometer Demonstration
- Preventive screening calendar

Life Care Planning

 Advanced Care Directive/ POLST information

Kaiser Permanente **Hearing Center**

- Fast Track Hearing Screenings
- Hearing Device Options

Dermatology

- Cosmetic Services Samples and Options
- · Basic level skin consults

Lions Club

· Vision Testing

PD Connect

· Balance Evaluation

Sutter Care at Home

· Walker, Cane, and Wheelchair tuneups

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Experience vibrant, independent living at **Smith Ranch Homes**, where every day feels like a vacation. Located on 30 landscaped acres in San Rafael, our gated community offers residents luxury, security, and connection—all in one of Marin County's most desirable locations.

- ✓ Elegant Residences & extensive Services & Amenities
- Chef-prepared dining at 2 onsite Restaurants
- Daily social, wellness & cultural activities
- Minutes from medical care, shopping & nature preserves

Our on-site Coldwell Banker Senior Real Estate team specializes in helping you navigate your next chapter—from downsizing and preparing your home for sale to a seamless, supported move into the lifestyle you deserve.



Christine Flechsig

CFlexHomes@gmail.com

CalRE#: 01939464



Jennifer Kuleto

Jennifer.Kuleto@cbrealty.com

CaIRE#: 01834112



Amy Diller Laudenslager

AmySellsRE@yahoo.com
CalRE#: 01297467



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Margaret Todd Senior Center Promotes Healthier, Happier Lives for Active Adults

The Margaret Todd Senior Center, a program of the City of Novato Parks, Recreation and Community Services Department, believes in promoting healthier, happier lives for active and engaged adults. We offer a variety of enrichment and fitness classes, themed special events, and social groups to serve this purpose. Upcoming events include our Fall Trash to Treasures Flea Market on September 27th and the Holiday Crafts Faire on December 5th and 6th.

The Holiday Crafts Faire features more than 55 artisans selling handmade crafts including jewelry, ceramics, specialty foods, wreaths, ornaments, housewares and more! Our Faire co-sponsors, the Novato

Visit us in booth 190.

CITY OF NOVATO PARKS & RECREATION

Garden Club, will be selling fresh greens, wreaths, and swags. Don't miss this festive opportunity to purchase unique holiday gifts! Admission is free. For information, call (415) 899-8290.

Are you interested in tai chi, sewing, or mah jongg classes? The Margaret Todd Senior Center has dozens of classes throughout the year to keep you healthy, active, and engaged.

For the most current information on all of our program offerings, please see the Novato Digital Activity Guide at www.novato.org/regforfun or visit the Senior Center website at novatoseniors.org.

Choosing Home-Based Care for Your Loved One: By the Bay Health Sets the Standard _____

Making healthcare decisions for a loved one can be overwhelming, especially when it comes to selecting skilled home health care, palliative care, or hospice care. In Northern California, By the Bay Health has become a trusted leader in providing compassionate and individualized care for over 50 years.

As the largest independent, nonprofit provider of hospice, palliative, and home health services in the region, By the Bay Health has earned a reputation for excellence. Initially serving Marin County, the organization now serves the entire Bay Area, offering care tailored to the unique cultural, spiritual, and personal needs of each patient. One grateful family member shared, "By the Bay Health delivered exceptional care for my mother from the moment she

arrived at home. Every team member–



nurses, social workers, home health aides, and spiritual supporters was compassionate, skilled, and professional."

In its commitment to the community, By the Bay Health reinvests millions annually into local initiatives, ensuring that high-quality care is accessible to all, regardless of financial situation. To further its mission, the organization recently launched Pathways to Care Careers, a partnership with local schools and colleges aimed at developing the next generation of healthcare professionals in Marin.

Visit us in booth 157.





My wife and I have lived in Marin Lagoon for 30 years and made the significant decision to sell our beloved home in 2024. We turned to Carla Giustino, who came highly recommended in the local area—and we could not have made a better decision. If you're looking for a realtor who is a strong negotiator, a marketing expert, and completely transparent throughout the entire process, Carla Giustino is the one for you. Her professionalism, dedication, and compassion are unmatched.

- Jim & Jennifer Davis

I had the pleasure of working with Carla Giustino during a challenging time in my life as I was downsizing from my beloved home. Her exceptional service and dedication throughout the entire process were truly remarkable. From the very beginning, Carla and her team of experts demonstrated their expertise and professionalism. They went above and beyond to prepare my home for sale, and the results were stunning!

- Arlene H.

Carla Giustino is by far the best Realtor® I have ever used. I do not live locally and my Mom, who is 89 years old, was having a challenging time preparing our rental property for sale. Carla came to my Mom's aid and helped her select finishes and source the proper contractors and stagers. The final outcome was an absolutely gorgeous! condo! We received multiple offers over asking!

- Jason





For over 28 years,

Carla has represented buyers and sellers in Marin with award winning Service. She is a member of the International Presidents Circle and is in the Top 4% Nationwide.



2 350 Bon Air Center suite 100 Greenbrae



https://carlamarinhomes.com/

(415) 314-7914



✓ carlamarinhomes@gmail.com

LICENSE #: 01215560

The property information herein is derived from various sources that may include, but not be limited to, county records and the Multiple Listing Service, and it may include approximations. Although the information is believed to be accurate, it is not warranted and you should not rely upon it without personal verification. Affiliated real estate agents are independent contractor sales associates, not employees. ©2025 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logo are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker* System is comprised of company owned offices which are owned by a subsidiary of Anywhere Advisors LLC and franchised offices which are independently owned and operated. The Coldwell Banker System fully supports the principles of the Fair Housing Act and the Equal Opportunity Act.

FOOD AT THE FAIR



COFFEE COUNTER

Open 9:00 - 11:00 am Located inside the Main Exhibit Hall Free coffee is available at the inside snack counter.

Inside seating is available.



FOOD COURT

Open 11:00 am to 2:30 pm

Located outside the Lobby near the Showcase Theater Three food trucks are available for lunch in the Food Court (located on the back patio outside the lobby). Outside seating is available.

> Poke A Go Go **Red Sauce Meetballs** Tommy's Salsa Taco Truck

Come & Be Dazzled by Joining the San Rafael Goldenaires



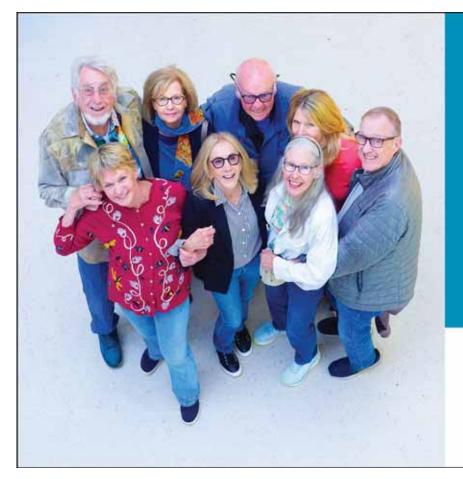
Experience a sense of community with the San Rafael Goldenaires Senior club! Since 1968, the San Rafael Goldenaires, in partnership with the City of San Rafael, has welcomed adults over 62 to participate in trips, classes, special events and workshops for an annual membership fee of \$40.00.

Day trips include live theatre, bay cruises, shopping excursions, wine tours, museums, boat tours and more. Weekly classes offered in acrylic & watercolor painting, exercise, mahjong, contract bridge, woodworking, crafts, dominoes, cooking and duplicate bridge.

Special events include monthly themed luncheons, quarterly Monday Night Bingo, monthly Sunday afternoon dances (with live music) and bingo every Wednesday (except the 3rd Wednesday) of each month. The Goldenaires will host an Annual Holiday Craft Fair and Bake Sale on Saturday, November 8th from 10:00 am - 4:00 pm.

For more information about any of our programs please call 415-485-3348 or drop by the San Rafael Community Center Monday - Friday, 10:00 am -2:00 pm (closed Thursdays).

Drop by our booth #149/150 and #201 (Watercolor Painting) and see everything we have to offer or check out our website www.srgoldenaires.org for more information.



OSHER LIFELONG LEARNING INSTITUTE

OLLI AT DOMINICAN UNIVERSITY

OLLI is a vibrant Marin community of adults 50 and older.

- Enjoy learning for fun: no tests, no homework.
- Ochoose from history, science, music, current events and more.
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- Accessing healthy food
- → Budgeting finances
- Securing a job

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Step Into the Groove at Three Home Village



Picture three cozy homes side by side, connected by lush gardens and open yards—all radiating peace, love, and good vibes. Three Home Village: where assisted living gets a funky, far-out twist!

Each home features six private bedrooms, comfy dining areas, and chill common spaces that create a warm, intimate community. Our farout 3:1 staffing ratio lets us deliver deeply personalized care. From independent folks to those needing full support–including memory care—we've got your loved ones covered.

We serve up chef-inspired meals that are as nourishing as they are tasty,

and our daily activities keep things fresh-morning garden stretches, pet therapy, and live jams from local musicians bring the house to life.

At Three Home Village, we don't just care—we care with soul. Medication management, mobility assistance, incontinence care—it's all included in the monthly fee. No hidden stuff, just real-deal support.

With experienced, hands-on owners and a dedicated full-time administrator, we make sure families can focus on the good times. Whether your loved one is dancing through the day or just vibing in the garden, we're here to keep things smooth, safe, and soulful.

Visit us in booth 139. Stay groovy. Stay cared for.

Sutter Care at Home: Home-Based Care That's Always There



At Sutter Care at Home, delivering exceptional care is at the heart of everything we do. From the moment you return home to your recovery, your health is our focus, every day and in every way.

Home Health

Home Health visiting nurses, physical therapists, speech therapists, occupational therapists, medical social workers, aides and other members of the multidisciplinary care team work closely with physicians to help homebound patients manage chronic conditions, recover from injury or surgery, or return home after a hospital stay.

Sutter Care at Home's Novato location has been serving Marin County for over 25 years.

Visit us in booth 174.

Sutter Infusion and Pharmacy Services (SIPS)

Pharmacists and specially trained nurses provide education and support for infusion therapies in the comfort of home. Services available include anti-infectives (antibiotics, antivirals, antifungals), total parenteral nutrition, enteral nutrition (tube feeding), immunoglobins, inotropes, hydration, factor products, biologics, pain management, chemotherapy and injectable medications.

Hospice

Hospice is a special way of caring for loved ones in their final stages of life. Highly personalized comfort care focuses on the physical, emotional, social and spiritual needs of the patient and their family members, including anticipatory grief support and bereavement counseling.

Find exceptional care at sutterhealth. org/suttercareathome.



Loneliness. Anxiety. Depression. Grief. Thoughts of suicide. Whatever it is, Buckelew's hotline counselors are here to listen.

Watch our video about Buckelew's Lifeline for Seniors:



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988

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Suicide Prevention

Buckelew.org

RAFFLE PRIZES

Enter the Raffle

Enter the Fair Raffle to win free prizes. Raffle tickets are handed out at the Fair entrance and can also be picked up at the Fair Information booth #160 in the Main Hall.

Win the Raffle

The following prizes will be given away. Raffle tickets are drawn at noon and winners announced on the Main Stage. You need not be present to win.

Win a \$25 certificate to Yet Wah restaurant or a gift basket from the San Rafael Goldenaires.

Grand Prize – San Francisco Premier Dinner Cruise for 2, donated by City Cruises.

\$50 Gift Card – Win a gift card donated by the following exhibitors:

- Acts Senior Assistance
- Adobe Creek Funeral Home & Cremation Services and Pleasant Hills Memorial Park and Mortuary
- Aegis Living San Rafael
- Alegre Home Care
- Everis
- ♦ Home Instead

- Marin Home Care Association
- The Redwoods a Community of Seniors
- Renewal by Anderson
- Right at Home
- ◆ The Scleroderma Foundation of California
- Three Home Village
- Memorial Park Cemetery & Funeral Home

LITA: Celebrating 50 Years of Impact

Love Is The Answer (LITA) is a Marin County only non-profit dedicated to relieving loneliness in isolated older adults. Established in 1975, our clients live in Assisted Living, Independent Living, Memory Care, Nursing Homes, and private homes. Our volunteers bring themselves, perhaps a pet, perhaps a musical instrument, perhaps their family.

All of our services are free. If you'd like to Volunteer, or perhaps know of someone who could use our services, please visit us at our booth (159), check our website (www.litamarin. org), call (415-472-5482) or email our Executive Director, Barbara Brown at bbrown@litamarin.org. Our Programs include: One-toOne

Connection, Pet Connections, Family Connections, Bridging Thru Music, Bridging Generations (connecting schoolchildren to older adults) and Seniors in the Park, where we picnic with older adults in Marin County's Parks.

"The volunteers are doing GREAT! It's been so wonderful to see their impact in such a short time. Such a treasure!" "Dad has framed a photo of his LITA volunteer and her dog and set it up with the family photos!" If that's not positive feedback, I don't know what is." When you change one person's life it is said that you change the world. Come join us.

Visit us in booth 159.

ENTERTAINMENT



Music and entertainment is provided continuously throughout the day on the **Main Stage and outside Food Court.**

Main Stage

TIME

9:30 - 10:00 am Good Dragon 10:00 - 10:30 am **Mayflower Chorus** 10:30 - 11:00 am Kurt Huget

Tucker Spolter & Uke Jubilee 11:00 - 11:30 am

11:30 am - 12:00 pm Flashbacks

12:00 - 1:00 pm 1:00 -3:00 pm

Awards and Prizes Starduster Orchestra

Food Court (outside patio)

TIME

12:00 - 1:00 pm 1:00 - 2:00 pm

ENTERTAINER Audrey Shimkas

ENTERTAINER

County Crows





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SF GATE BEST OF BAY AREA 2025 **BEST HOSPICE CARE**

WINNER

MARIN MAGAZINE BEST OF THE COUNTY 2025

BEST ELDER CARE SERVICES BEST COMMUNITY SERVICES

We're Here For You

By the Bay Health gives you peace of mind when you need it most. No matter what medical challenges you may be facing recovering from surgery, managing serious illness, or coping with end-of-life — we bring specialized care directly to you.

Compassionate Care at Home

Our multidisciplinary care team approach helps reduce the stress of caring for a loved one at home.

Visit us at table #157

OUR SERVICES

- ✓ Hospice Care
- ✓ Palliative Care
- ✓ Pediatric Care
- ✓ Skilled Home Health Care
- ✓ Grief Counseling

OFFICE LOCATIONS

Sonoma 355 West Napa Street, Suite B, Sonoma, CA 95476 | Main (707) 935.7504 | Grief Support (707) 931.7299

Marin 17 East Sir Francis Drake Boulevard, Larkspur, CA 94939 | Main (415) 927.2273 | Grief Support (415) 526.5699

San Francisco 180 Redwood Street, Suite 350, San Francisco, CA 94102 | Main (415) 626.5900 | Grief Support (415) 526.5699

bythebayhealth.org (415) 927.2273

2025 Exhibitors

Sponsors: Event Diamond Platinum Gold

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ARE YOU A VICTIM OF A CRIME?



Our Victim Services Program can provide:

- · Crisis Intervention
- Orientation to the Criminal Justice System
- · Case Status and Disposition
- · Resource and Referral Assistance
- · Funeral/Burial Assistance
- · Court escort
- · Assistance with the Victim Impact Statement
- · Restitution Assistance
- Assistance with the California Victim Compensation Program

The Marin County DA's Victim Witness Assistance Program offers services to crime victims, witnesses, and their families, regardless of legal residency. Many advocates are bilingual Spanish speakers. Services include navigating the criminal justice system, assisting with court proceedings, and filing claims through the California Victim Compensation Program.

The program also helps those who have experienced trauma by referring them to professionals and local resources like therapists or shelters. Our Victim Advocates ensure victims and their families are informed and supported throughout the criminal justice process.

A violent crime can impact many aspects of a person's life. Not only does crime affect the victims but it can also affect their loved ones and sometimes an entire community. It's important to us that all victims are treated with respect and dignity.



3501 Civic Center Drive, Room 145, San Rafael, CA (415) 473-6450 (415) 473-5080 • Email: VictimServices@marincounty.gov



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